



healthy farms – healthy kids



a school-based program
connecting K-12 schools & local farms

Farm to School goals

Farm to School = a win-win for all...



serving
healthful, locally produced
foods & improving student
nutrition through school
cafeterias & snack programs

Farm to School
benefits our
youth

encourages children to develop life-long healthy eating habits
reinforces an appreciation for the importance of farming
to our community
nurtures an appreciation for the cycle of food from seed to table



educating
with hands-on
nutrition education &
agricultural opportunities

Farm to School
benefits our
farmers

preserves family farms & farmland while supporting
sustainable agriculture
opens new market opportunities for local farm products
strengthens relationships between farmers & community



supporting
small & medium-sized
regional farmers

Farm to School
benefits our
community

grows local economies by supporting local farms & promoting
job creation
builds urban/rural linkages
promotes food security



Farm to School =
big economic opportunity.
Minnesota schools serve 750,000 meals on an
average day.

For every dollar spent on local food in schools,
one to three dollars remains in the local economy.



Farm to School programs are as different
as the communities in which they exist...

- local products in school meals
- after-school snacks
- salad bars
- taste-testings
- farmers & chefs in the classroom
- greenhouses
- school gardens
- compositing & recycling
- harvest of the month
- hands-on nutrition education
- cooking classes
- fundraisers

To learn more contact:

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